

# SCENT HEARTS

***Thank you for volunteering to make Scent Hearts for NICU babies!***

NICU nurses request Scent Hearts for babies to facilitate bonding between parents and their newborns through scent. Parents wear the heart against their skin to absorb their scent, and then the heart is placed near the baby's head in the incubator.

This provides comfort and promotes a sense of security even when parents cannot be physically present. This simple act helps ease the stress for both the baby and the parents during a challenging time.

## **Early Bonding:**

*The sense of smell is one of the first senses to develop in infants, and it plays a crucial role in recognizing and bonding with caregivers.*

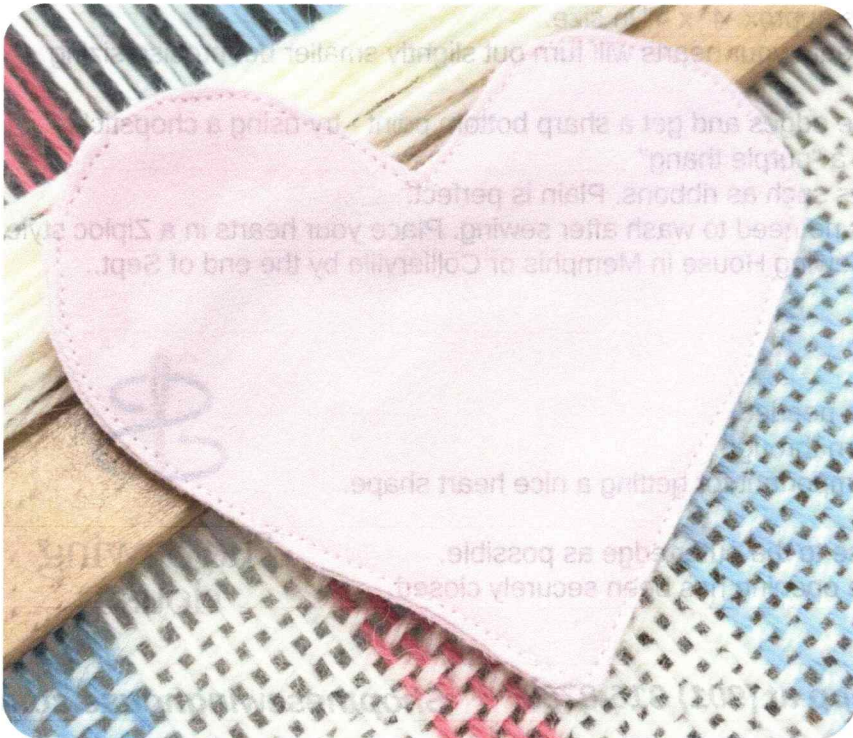
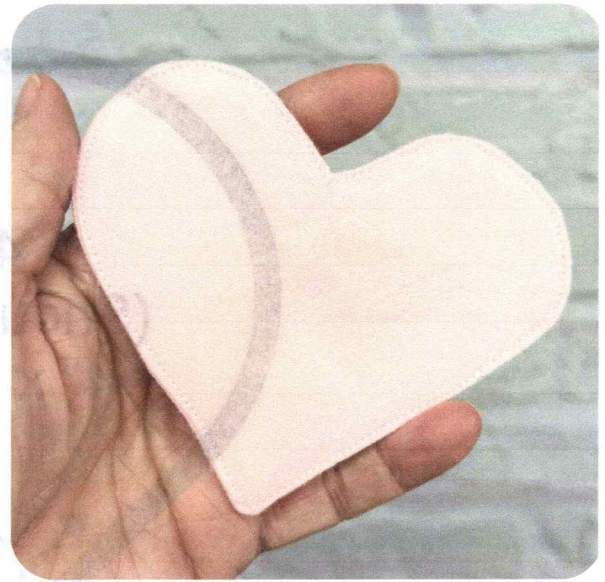
## **Facilitating Parental Presence:**

*For parents who cannot be with their baby in the NICU as often as they'd like, the scent heart provides a tangible way to stay connected and offer comfort.*



The Sewing House

[Shopthesewinghouse.com](http://Shopthesewinghouse.com)



**HELPFUL TIP** - a turning tool will get right to the edges and down to the bottom point (can use a Purple Thang tool, chopsticks, knitting needle, or similar object).

THIS SEPTEMBER,  
**WE HONOR ALL**  
NICU BABIES

