



# Hand-Look Binding by Machine

with Diane Harris

## Supply List

1. Four (4) squares of any quilting-weight cotton fabric around 12" x 12". We'll make two practice sandwiches with these.
2. Two (2) squares of cotton or cotton/wool blend batting that are about an inch larger than your fabric squares. No polyester batting—it's too puffy.
3. 1/3 yard of any quilting-weight cotton fabric for binding. You can use a variety of fabrics if you prefer, but you'll need strips 2-1/4" x the width of fabric (about 40").
4. A walking foot for your sewing machine. Check with your machine retailer if you don't already have one. There are also generic feet to fit some machines.
5. 50-wt or 60-wt cotton thread, any color.
6. Monofilament thread, **polyester** rather than nylon. Examples would be MonoPoly from Superior Threads, Gutermann Invisible Thread and Sulky Invisible Polyester Thread. Several are available on Amazon if your local quilt or fabric store doesn't have it.
7. Rotary cutting supplies: Cutter, mat, a longish ruler such as 18" or 24" long.
8. Iron and ironing surface.

## Prepare for Class

1. Layer fabric, batting, fabric using #1 and #2 above to make a practice quilt sandwich. Repeat with the other fabric/batting/fabric set.
2. Attach walking foot to your sewing machine. Using cotton thread on top and in bobbin, quilt a big X over both practice sandwiches. Then quilt about 1" from all the edges. Don't trim yet, I'll show you trimming tricks in class.
3. Cut binding strips from #3 above, 2-1/4" x width of fabric. You'll need 3 strips. If you know how, join end to end with diagonal seams. If you don't know how to do that, I will show you in class.

I'll see you soon! ~Diane 😊